



# 1990 FESTIVAL CITY MARATHON

SUNDAY  
26 AUGUST 1990  
ADELAIDE  
SOUTH AUSTRALIA



Association of International Marathons and Road Races  
**AIMS**

sponsored by  
**adidas** 





**TOYOTA**

**FESTIVAL CITY  
MARATHON  
AND HALF MARATHON**

**SUNDAY  
26 AUGUST 1990  
ADELAIDE  
SOUTH AUSTRALIA**



Association of International Marathons and Road Races  
**AIMS**

sponsored by  
**adidas**



THE COURSE IS ACCURATELY MEASURED TO AIMS IAAF STANDARD AND RUNS THROUGH THE CITY OF ADELAIDE, NEAR SUBURBS AND PARKLANDS AND FINISHES ON THE BANKS OF THE BEAUTIFUL RIVER TORRENS. DRINK/SPONGE STATIONS LOCATED EVERY 2.5KM, KM MARKERS ARE PLACED AT 1KM INTERVALS ON A COURSE WHICH IS ESSENTIALLY FLAT, WITH ONE HILL AT 25.5KM AND IS TRAFFIC FREE FOR 4 1/2 HOURS. TEMPERATURE RANGE 11°-20°.

# RACE INFORMATION FOR MARATHON

**START:** 7.30a.m. King William Road adjacent, Adelaide Oval, Eastern Gates.  
**FINISH:** Elder Park, behind Festival Theatre (King William Road)  
**CHECK IN:** Southern Gates, Adelaide Oval (off War Memorial Drive)  
**PRESENTATION CEREMONY:** Elder Park Rotunda. 12.30 p.m.  
**ELIGIBILITY:** Open to all runners. Minimum age 18 years on race day.  
**ENTRY FEE:**

	SARRC Member	Non Member
RECEIVED BY 23 JULY 1990	\$17.00	\$25.00
RECEIVED BY 4 AUG. 1990	\$33.00	\$33.00

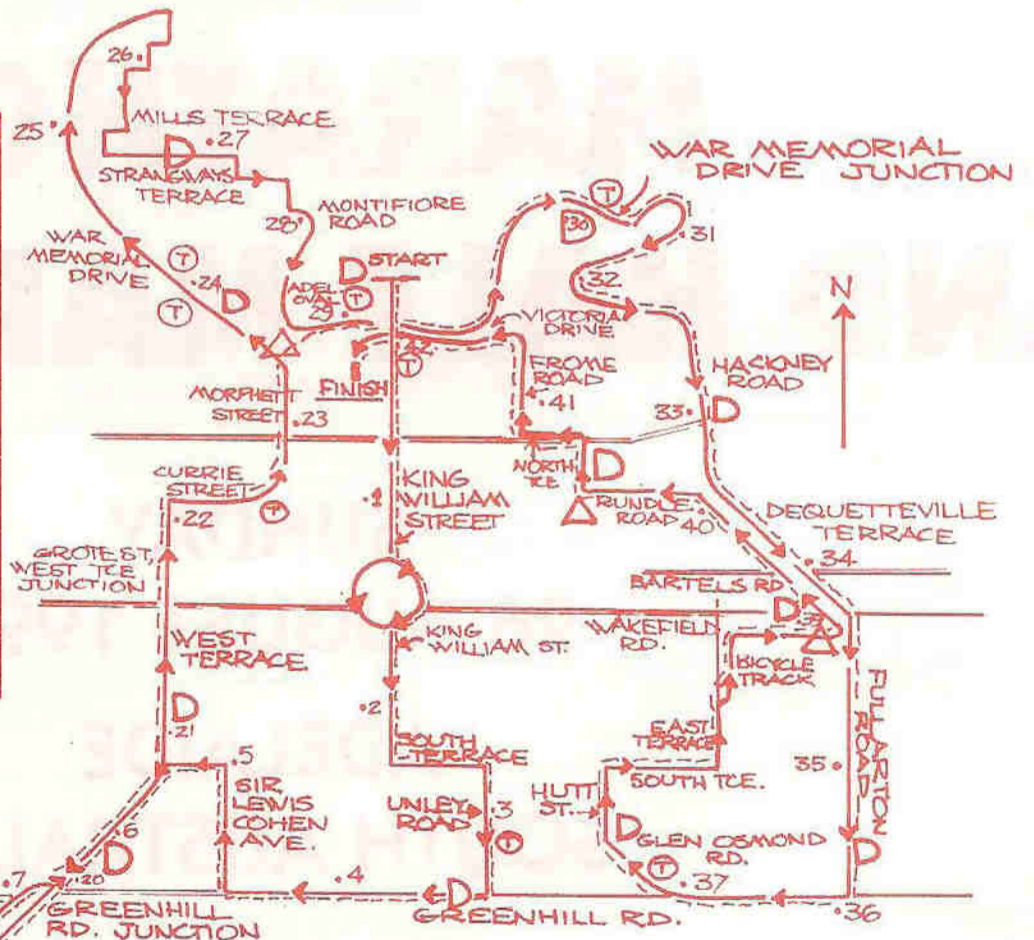
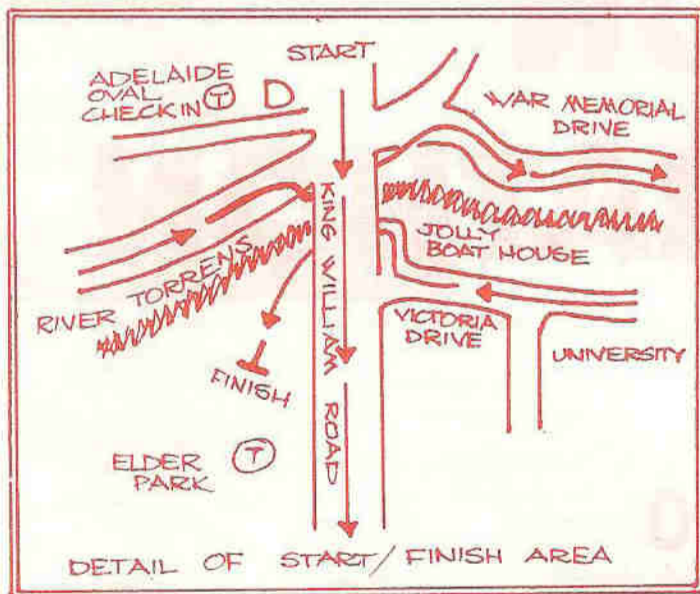
# RACE INFORMATION FOR HALF MARATHON

**START:** 7.30 a.m., King William Road adjacent, Adelaide Oval, Eastern Gates  
**FINISH:** Elder Park, behind Festival Theatre (King William Road)  
**CHECK IN:** Southern Gates, Adelaide Oval (off War Memorial Drive)  
**PRESENTATION CEREMONY:** Elder Park Rotunda. 12.30 p.m.  
**ELIGIBILITY:** Open to all runners. Minimum age 18 years on race day.  
**ENTRY FEE:**

	SARRC Member	Non Member
RECEIVED BY 23 JULY 1990	\$10.00	\$15.00
RECEIVED BY 4 AUG. 1990	\$20.00	\$20.00

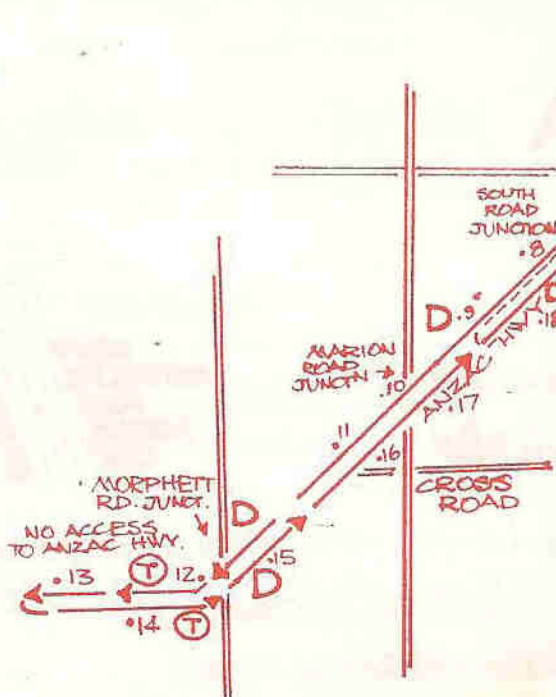
**NOTE:** Entry fee refundable if justified to race committee.  
 Race number is not transferable.  
**FINISHERS:** MARATHON FINISHERS RECEIVE-MEDALLIONS-CERTIFICATE AND GOODIE BAG  
 HALF MARATHON FINISHERS RECEIVE-CERTIFICATE & GOODIE BAG.  
**PRIZES:** Trophies presented to:  
 1st, 2nd, 3rd MALE/FEMALE RUNNERS.  
 1st MALE/FEMALE WHEELCHAIR  
 1st MALE SARRC MEMBER – FIRST MARATHON  
 1st FEMALE SARRC MEMBER – FIRST MARATHON  
 \*AWARDS BY MAX/TINA GRIGOUL  
 TROPHIES PRESENTED ON RACE DAY  
 PRIZES FOR AGE DIVISION WINNERS WILL BE POSTED WITH RESULTS.

## THE COURSE



**KEY**  
 • KILOMETRE MARKER  
 D DRINK STATIONS  
 Δ MEDICAL STATIONS  
 ⊕ TOILET  
 --- HALF MARATHON  
 \* N.B. MAP NOT TO SCALE

## TOYOTA FESTIVAL CITY MARATHON & HALF MARATHON



# ACCOMMODATION

# The Adelaide Travelodge

208-223 SOUTH TERRACE  
ADELAIDE, S.A. 5000

The Adelaide Travelodge is providing special rates for people visiting for the Toyota Festival City Marathon.  
Parkview Wing \$54 single or twin ... Tower Block \$72 single or twin  
Additional person sharing \$10.00 Adult, \$5.00 Child ... Room only ...

Name ..... Accommodation (tick)  Twin Share   
 Address ..... No. Adults ..... Single   
 ..... No. Children .....   
 ..... Parkview  Tower   
 Postcode ..... Phone ..... Arrival ..... Departure .....  
 PLEASE ENCLOSE DEPOSIT Free shuttle bus to Start/Finish

# CARBO PARTY



# THE SAN REMO/WEST END WEST END RUNNERS PARTY

**Friday 24 August 1990, 6.30 pm  
at Latvian Hall, Wayville**

Name .....  
 Address .....  
 ..... P/C .....

Adelaide's Premier Social Event for Runners. Come along and be entertained by a galaxy of stars, including an internationally acclaimed guest speaker.

You can participate by wearing mementoes of your past athletic exploits. Wear your marathon medallions, finisher T-shirt, your favourite running shoes, spare t-shirts/singlets to swap with other runners.

Please send me tickets  
 ..... @ \$16 (Adult) = \$ ..... .00  
 ..... @ \$10 (Child/U16) = \$ ..... .00  
 Please Remit \$ ..... .00

The meal will be provided by the Venezia Restaurant. Fellow member Noel Allen knows what runners enjoy and has promised a meal that will include generous helpings of San Remo pasta, heaps of crusty bread, salads and desserts, including pavlova and apple pie, soft drinks, tea and coffee. Of course good old West End beer will be available for sale.

We can cater for a maximum of 450 people and admission will be by prepaid ticket only.

# ENTRY FORM

## TOYOTA FESTIVAL CITY MARATHON SUNDAY 26 AUGUST 1990

RUNNERS No

Surname or Family Name [ ]  
 Given Name [ ]  
 Address Street [ ]  
 Address Suburb/Town [ ]  
 State/Country [ ] [ ] [ ] [ ] Post Code [ ] [ ] [ ] [ ] [ ] [ ] Phone (inc. area code) Daytime [ ]  
 Registered Athlete Tick  Club .....  
 Gender M or F  Day  Birth Date Month   Year    
 Age on Race Day   Wchair Tick  SARRC Tick  Member Member No. [ ] [ ] [ ] [ ]

No. Marathons Finished (0, if this is first) [ ] [ ] [ ] Previous Best [ ] hr [ ] min

Payment is by  cash or  I enclose cheque to SOUTH AUSTRALIAN ROAD RUNNERS CLUB  
 or charge my BANKCARD  VISACARD  MASTERCARD   
 [ ]

**PAYMENT DETAILS**  
 ENTRY FEE \$ .....

**DECLARATION**  
 1. I compete at my own risk  
 2. I agree to obey the race rules as described in the race instructions  
**NOTE MINIMUM AGE 16 YEARS**

Expiry Date .....  
 Signature .....  
 ALL ENTRANTS MUST SIGN .....  
 Date .....

**AAU PERMIT 3/37.90**

POST TO:  
 SOUTH AUSTRALIAN ROAD RUNNERS CLUB, P.O. BOX 6051, HALIFAX STREET, SOUTH AUSTRALIA 5000  
 OR ENTER IN PERSON AT 1 STURT STREET, ADELAIDE.  
 CHEQUES PAYABLE TO S.A.R.R.C. • HALF MARATHON ENRTY FORM ON BACK PAGE

MAJOR SPONSOR



MAJOR SUPPORT SPONSORS



You can't beat the Feeling!



Coke and Coca-Cola are registered trademarks of the Coca-Cola Company. The Dynamic Ribbon Device is also a registered trademark of the Coca-Cola Company.



Entertaining Adelaide

THE SOUTH AUSTRALIAN ROAD RUNNERS CLUB WISHES TO EXPRESS APPRECIATION TO ALL SPONSORS FOR THEIR SUPPORT AND TO S.A. POLICE DEPARTMENT, ADELAIDE CITY COUNCIL, COUNCILS OF GLENELG AND WEST TORRENS, DEPARTMENT OF RECREATION AND SPORT, ST. JOHN AMBULANCE, BOTANIC GARDENS TRUST AND ALL VOLUNTEERS FOR THEIR ASSISTANCE.

**ENTRY FORM** **TOYOTA FESTIVAL CITY HALF MARATHON** **SUNDAY 26 AUGUST 1990** **RUNNERS No**

Surname or Family Name

Given Name

Gender  M  F

Birth Date

Day Month Year

Address Street

Address Suburb/Town

State/Country

Post Code

Phone (inc. area code) Daytime

Age on Race Day

Wchair  Tick

SARRC  Tick

Member No.

Registered Athlete  Tick

Club

No. Marathons Finished (0, if this is first)

Previous Best  hr  min

Payment is by  cash or  I enclose cheque to SOUTH AUSTRALIAN ROAD RUNNERS CLUB

or charge my  BANKCARD  VISACARD  MASTERCARD

**PAYMENT DETAILS**

ENTRY FEE \$ .....

**DECLARATION**

1. I compete at my own risk

2. I agree to obey the race rules as described in the race instructions

**NOTE MINIMUM AGE 16 YEARS**

Expiry Date .....

Signature .....

ALL ENTRANTS MUST SIGN .....

Date .....

**AAU PERMIT 3/37.90**

POST TO:  
SOUTH AUSTRALIAN ROAD RUNNERS CLUB, P.O. BOX 6051, HALIFAX STREET, SOUTH AUSTRALIA 5000  
OR ENTER IN PERSON AT 1 STURT STREET, ADELAIDE.  
CHEQUES PAYABLE TO S.A.R.R.C

If you have ordered Finisher Merchandise it will be available from the SARRC Office from Monday 3 September. If you have paid for postage, your merchandise will be sent on that date.

If you haven't ordered Finisher Merchandise orders will be taken in the Merchandise Tent at Elder Park on race day. Finisher Medallions will be presented as you leave the finish chute.

#### **RESULTS**

As soon as results are validated, all Finishers will be mailed their official printed results, including a label for finishers certificate, complete results list, and a proof photograph of you finishing the Marathon/Half Marathon. Remember you must check in at the Start to be validated as a Finisher.

#### **FINISH SERVICE**

Medical Services (e.g. Podiatrists, Doctor, Physiotherapists) will be available in the Finish Area.

#### **PRESENTATION CEREMONY**

Presentations will take place at the Elder Park Rotunda at 12.30 p.m.

#### **REMINDER - START TIMES**

**WALKERS - 6.30 A.M.**

**WHEELCHAIRS - 7.25 A.M.**

**HALF MARATHON/MARATHON - 7.30 A.M.**

### **TOYOTA FESTIVAL CITY MARATHON & HALF MARATHON SUNDAY 26TH AUGUST, 1990.**

#### **RACE NUMBERS**

You must wear your race number so that it is visible at all times as you cross the finish line. Pin the race number securely, but do not secure either of the tear off sections of your number. These sections will be removed by officials at the check in and in the finish chutes.

#### **UNOFFICIAL RUNNERS**

Runners without official numbers will be prevented from crossing the Finish Line. Unofficial runners completely disrupt any well organised timing system.

#### **PARKING AND ROAD CLOSURES**

The Torrens Parade Ground in Victoria Drive will be open for parking of vehicles from 5.30 a.m., by courtesy of the Australian Army. War Memorial Drive between Montefiore Road and King William Road will be closed from 7.00 a.m. and the King William Road Start Area will be closed to through traffic from 7.00 a.m. Aim to arrive at the Start by 7.00 a.m. at the latest.

#### **CHECK IN ON RACE DAY**

All participants are required to check in on race day with their number correctly pinned to their chest. At that time, your Start identification tag will be removed from your number by an official. The location for this will be just inside the Southern Gates of Adelaide Oval (off Memorial Drive). Check in times for all competitors will be between 5.45 a.m. - 7.00 a.m. Please do not leave check in procedure to the last moment.

#### **PRE RACE TOILETS**

These are situated inside the Adelaide Oval, all of which will be open for Runners use.

#### **GEAR BAGS - BRING YOUR OWN**

Gear bags will not be provided, but gear may be left at the Start, in your own bag clearly marked, with your full name and race number and will be transported to the Finish Area. Your gear bag can be collected from the Gear Bag Tent at Elder Park. Do not leave fragile or valuable articles in your bags.

## **THE START**

**WALKERS - 6.30 A.M.**

**WHEELCHAIRS - 7.25 A.M.**

**HALF MARATHON AND MARATHON 7.30 A.M.**

After check in, walk through the Adelaide Oval outer area, and around to the Victor Richardson Gates, on the Eastern side of the Oval. Water is available here. The Start Line is adjacent Victor Richardson Gates on King William Road. WALKERS starting at 6.30 a.m. must remain on the footpath and obey traffic lights and road rules until the runners catch up to them.

## **THE COURSE (SEE MAP ATTACHED)**

The course is entirely on the road, (except for the section that passes under the bridge at King William Road). You should not cut across footpaths at the corners. Marshals will be located at key points to direct you. There will be marshals and Police on the course to assist you, Please thank them for the time they have given freely. The course is traffic free for 4 hours 15 minutes. This is 6 minutes per Kilometre pace. A Police Vehicle will travel at 6km pace - competitors slower than this pace must move onto the footpath. The co-operation of the South Australian Police Department makes the Festival City Marathon the success it is, please show your appreciation to those Police Officers who assist on the day.

## **DISTANCE MARKERS**

The course is certified to AIMS/IAAF standards, and is exactly 42.195km long. You will find distance markers prominently placed every 1km - with exception of the 32km marker - there will not be a 32km marker in Botanic Park.

**NOTE - FOR HALF MARATHON - Kilometre markers every KM for 1st 8km, then at 15km and 20km.**

**NOTE - THE HALF MARATHON TURN AROUND IS JUST PAST THE 8KM MARKER.**

## **TOILETS EN-ROUTE**

Toilet locations are marked on the Course Map - T.

## **DRINK STATIONS**

Drink Stations will be located at the Start and Finish, as well as 12 other locations around the course. Piccadilly Natural Spring Water, tissues, petroleum jelly will be available at these drink stations. (Sponges during the last half of event). St Johns Ambulance personnel will be located at each drink station and at the finish area to provide first aid treatment. Members of Australian Citizen Radio Monitors (ACRM) will provide communications around the course.

## **SPECIAL DRINKS**

Special Drinks must be placed in the appropriate boxes, immediately outside the Victor Richardson Gates of the Adelaide Oval. The boxes will be there at 6.00 a.m. and a vehicle will be transporting them to the appropriate drink stations at 7.00 a.m. exactly. No drinks will be accepted after this time. There will be a separate box for each drink station, which will be marked as such, and it will be your responsibility to place your drinks in the correct box. All drinks should be clearly marked with the runners name and race numbers. Special drinks will be located on the first table as you approach each drink station.

## **PROVISION FOR DROPPING OUT**

As the course is traffic free, there will be no vehicles driving around the course. If you feel that you can not continue, then stop at a drink station and notify Official personnel you are dropping out. Avoid being unable to finish by drinking early and often. Slow your pace in the early part of the race, particularly if you have averaged less than 100km per week in the 2 months prior to the race.

## **THE FINISH**

Your time will be taken accurately as you cross the Finish Line. Watch the display clock as your check. You must stay in finish order whilst in the chute, until your tag is detached. A photo will be taken as you cross the finish line, so look up and SMILE! To ensure good Finisher photographs do not finish close behind another runner, move to one side.

# TOYOTA FESTIVAL CITY HALF MARATHON

# HELP WANTED

# TOYOTA FESTIVAL CITY MARATHON

The Club's flagship event is to be even bigger this year with the TOYOTA FESTIVAL CITY HALF MARATHON being run at the same time as the TOYOTA FESTIVAL CITY MARATHON.

- ◆ Because it is bigger we need more help to stage the event.
- ◆ About 600 volunteers are needed.
- ◆ Completing a marathon is a very satisfying experience and helping at one is the next best thing.
- ◆ If you are not running on **SUNDAY 26 AUGUST 1990** please give the runners a hand.
- ◆ Please place a tick in the box to indicate when you can assist.

- |                          |                                      |  |
|--------------------------|--------------------------------------|--|
| <input type="checkbox"/> | Office work                          | Opening mail, stuffing envelopes, processing entry forms.                                    |
| <input type="checkbox"/> | Letter boxing                        | Deliver road closure notices along route - great job for walkers.                            |
| <input type="checkbox"/> | Friday, 24 August<br>9am - 5pm       | Drivers & Labourers to collect equipment.  |
| <input type="checkbox"/> | Saturday, 25 August<br>9am - 4pm     | Erect Tents, fences and finish scaffold in Elder Park.                                       |
| <input type="checkbox"/> | Sunday 26 August<br>5am - 1pm        | Drivers and Labourers to deliver equipment to drink stations.                                |
| <input type="checkbox"/> | Sunday 26 August<br>7am - 1pm        | Drink Station attendants. Great for groups and kids - arrange a barbecue picnic in the Park. |
| <input type="checkbox"/> | Sunday 26 August<br>6am - 8am        | Help set up start and finish areas.  |
| <input type="checkbox"/> | Sunday 26 August<br>7.30am - 1pm     | Marshalls. On the course helping runners. 500 required.                                      |
| <input type="checkbox"/> | Sunday 26 August<br>6.30am - 12 noon | Gear bag officials.  |
| <input type="checkbox"/> | Sunday 26 August<br>12.30pm - 3pm    | Pack up and tidy up Elder Park.  |

Please complete form **NOW** - Don't leave it until the last minute.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_

If driver - Driver Licence Class \_\_\_\_\_

**Please return to:** SARRC Volunteer PO Box 6051, Halifax Street, SA 5000 or  
1 Sturt Street, Adelaide

Dave O'Donnell Home: 261 2160  
(Race Director) Work: 224 6229





**TOYOTA  
FESTIVAL CITY MARATHON  
& HALF MARATHON  
SUNDAY 26 AUGUST 1990**

**MERCHANDISE ORDER FORM**

Surname or Family Name

Given Name

Address Street

Address Suburb/Town

State/Country

Post Code

RUNNERS No

QTY		12	14	16	18	20	22	
<input type="checkbox"/>	Marathon Finisher's T-Shirt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$12 each = .....
<input type="checkbox"/>	Marathon Finisher's Singlet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$10 each = .....
<input type="checkbox"/>	Marathon Commemorative T-Shirt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$12 each = .....
<input type="checkbox"/>	Half Marathon Finisher's T-Shirt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$12 each = .....
<input type="checkbox"/>	Half Marathon Finisher's Singlet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$10 each = .....
<input type="checkbox"/>	Half Marathon Commemorative T-Shirt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$12 each = .....
<input type="checkbox"/>	Marathon Finisher's Windcheater	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$20 each = .....
	Color choice White <input type="checkbox"/> Pink <input type="checkbox"/> Jade <input type="checkbox"/>							
	Green <input type="checkbox"/>							
<input type="checkbox"/>	Half Marathon Finisher's Windcheater	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	@ \$20 each = .....
	Color choice White <input type="checkbox"/> Pink <input type="checkbox"/> Jade <input type="checkbox"/>							
	Green <input type="checkbox"/>							

(All T-Shirts & Singlets will be white)

Tick  Postage \$4.00  
Applicable  To be collected  
Square

Payment is by  cash or  I enclose cheque to

Total = \$ .....

SOUTH AUSTRALIAN ROAD RUNNERS CLUB

or charge my BANKCARD  VISACARD  MASTERCARD

Expiry Date .....

Signature .....

Date .....

CHEQUES PAYABLE TO S.A.R.R.C POST TO:  
SOUTH AUSTRALIAN ROAD RUNNERS CLUB, P.O. BOX 6051,  
HALIFAX STREET, SOUTH AUSTRALIA 5000

# The Muscular Dystrophy Association of South Australia Inc.

Telephone: (08) 212 6694  
After Hours: (08) 251 3361



Fight  
Muscular  
Dystrophy

G.P.O. Box 414  
ADELAIDE, 5001

251 Morphett Street  
ADELAIDE, 5000

PATRON:  
H.R. (KYM) BONYTHON  
A.C., D.F.C., A.F.C.

ES:bjv/01407es

26th July 1990

Dear Marathon Runner,

I have much pleasure in inviting you to join the QANTAS MUSCLE TEAM.

The enclosed leaflet gives you further information and is also the registration form for you to complete.

I look forward to hearing from you and welcoming you to the team.

Regards,

Eve Stevens  
DEVELOPMENT OFFICER

enc.

# **QANTAS MUSCLE TEAM REGISTRATION**

*Are You Running/Walking in the Festival City Half-Marathon  
To be held on 26th August?*

Then, join the

## **QANTAS MUSCLE TEAM**

and

**Give Yourself a Chance to WIN a**

***WEEK-END FOR TWO AT  
THE TERRACE, ADELAIDE HOTEL***

Just complete this Registration Form and **JOIN THE QANTAS MUSCLE TEAM**. You then obtain **SPONSORS** for your run or walk and become eligible for the **DRAW** for the prize.

**YOU WILL ALSO BE HELPING SOMEONE DISABLED BY  
MUSCULAR DYSTROPHY, WHO CAN'T RUN OR EVEN WALK!**

**POST TO: The Muscular Dystrophy Assoc. of S.A. Inc.,  
G.P.O. Box 414, ADELAIDE 5001  
251 Morphett Street, ADELAIDE  
Phone: 212 6694**

*Please send my sponsor form for the half-marathon:*

Name: .....

BLOCK LETTERS

Address: .....

..... Postcode .....

Tel. No. ....

SIZE OF SINGLET (Free): .....



**Fight  
Muscular  
Dystrophy**

# **QANTAS MUSCLE TEAM REGISTRATION**

*Are You Running in the Festival City Marathon?*

Then, join the

## **QANTAS MUSCLE TEAM**

and

**Give Yourself a Chance to WIN a**

***FREE RETURN AIR FARE TO LONDON***

and a place in the

***LONDON MARATHON***

Just complete this Registration Form and **JOIN THE QANTAS MUSCLE TEAM**. You then obtain **SPONSORS** for your run and become eligible for the **MAJOR PRIZE DRAW** of the ***TRIP TO THE LONDON MARATHON***.

**YOU WILL ALSO BE HELPING SOMEONE DISABLED BY MUSCULAR DYSTROPHY, WHO CAN'T RUN OR EVEN WALK!**

**POST TO: The Muscular Dystrophy Assoc. of S.A. Inc.,  
G.P.O. Box 414, ADELAIDE 5001  
251 Morphett Street, ADELAIDE  
Phone: 212 6694**

*Please send my sponsor forms:*

Name: .....

BLOCK LETTERS

Address: .....

..... Postcode.....

Tel. No.....

SIZE OF SINGLET (Free): .....



**Fight  
Muscular  
Dystrophy**



# MARATHON & 1/2 MARATHON UP DATE



## Carbo Party

Friday 24th August 1990

6.30 pm

Venezia Restaurant

121 Pirie St, Adelaide 5000

Your Hosts will be: Chris Acton and Robert Freak  
Book Now! at SARRC Office.

\$16.00 for Adults \$10.00 Children (under 16yrs)

Runners and Non Runners are welcome to attend. Adelaide's Premier Social Event for Runners.

- no standing or queuing
- selection of food will be brought to your table including pasta, heaps of bread, salads, desserts including ice-cream cake and fruit, soft drinks, tea and coffee
- Wear your marathon medallions, finisher T-shirts etc.

## Merchandise

Order now for delivery on the day

Please order your T-shirts or Wincheaters for either the Marathon or 1/2 Marathon.

## The Big Day - 26th August

There could be a great battle between John Duck (Vic), Frank Sherlin (Ballarat), and Jose Corren (Brazil). Jose is representing the City of Brazillia. Duck will be attempting his 4th Festival City win, Sherlin should run about the 2.20 mark while Corren's best is 2.22.

Hopefully our 1/2 Marathon will see the stars of the recent National Marathon Championship in Queensland battle it out.

Trudy Fenton, Bev Lucus, Candice Charles, Jill Crump, Margaret Grice, Alan Carmen, Joe Petkovic, John Crafter.

# NMS

(NO MORE SWEAT)

DEODORANT  
AND  
ANTI-PERSPIRANT  
FOR FEET  
AND SHOES

Effective against Tinea

DO YOU KNOW ANYONE WHO SUFFERS FROM:-

SWEATY, SMELLY FEET?

ATHLETES FOOT?

THESE PROBLEMS CAN NOW BE EASILY OVERCOME BY USING N.M.S (NO MORE SWEAT) FOR FEET AND SHOES.

N.M.S KILLS THE BACTERIA WHICH CAUSE THE SMELLS, AND CONTAINS AN ANTI-FUNGAL WHICH IS EFFECTIVE AGAINST ATHLETES FOOT.

N.M.S IS ALUMINIUM FREE.

ASK YOUR CHEMIST FOR N.M.S.

JDP PRODUCTS. PROUDLY AUSTRALIAN. Tel. (08) 396 1133



Join Kirra Tours for a great week in New Zealand and be a part of the biggest event on the New Zealand Running Calendar. Come run with us, the 1991 Fletcher Challenge Rotorua Marathon, Saturday May 4th, 1991.

## Fletcher Challenge Marathon

8 DAYS/7 NIGHTS  
\$1420 ex Adelaide (twin share)

### Package Includes:

Return Airfare flying Air New Zealand non stop from Adelaide.  
Quality twin share accommodation. All breakfasts. All coach touring  
Auckland-Rotorua-Bay of Islands and many included sightseeing options.  
Race entry fee, pre-race pasta party, race T-shirt and post-race Happy  
Hour.

Full itinerary and race information available from Kevin Smith at  
Kirra Tours, 6th Floor, 118 King William Street, Adelaide. Telephone  
212 7833. Travel Agents Lic. 60355